

**NEW PATIENT QUESTIONNAIRE**

**MALE (Under 65 years old)**

**Private & Confidential**

Surname: ..... Forenames: .....

Occupation: ..... Marital Status: .....

Date of Birth: ..... Spouses Occupation: .....

Address: .....

Post Code..... Ethnic Origin.....

Tel No (home): .....

Tel No (work).....

Email: ..... Tel No (mobile): .....

Would you like to join our virtual patient reference group where we will contact you periodically by email for your opinion about patient services here or in the local NHS: YES / NO

Name of contact in case of emergencies:.....

Their relationship to you..... Tel no: .....

If you are a carer, whom do you care for? .....

Do you have any special communication needs? YES / NO

If yes, are you happy for us to share this with other healthcare providers? YES / NO

**Personal Medical History**

Do you have or have ever had any of the following illnesses? (Please circle any that apply)

- Asthma      Chronic bronchitis      Epilepsy      High blood pressure      Diabetes**  
**Cancer      Heart attack / angina      Stroke / TIA      Thyroid disease      Mental illness**

Please enter details of these and any other significant chronic illnesses, operations or disabilities:

Year	Details	Year	Details

**Do you Smoke?** (Please circle the answer that applies to you) **NEVER      EX-SMOKER      STILL SMOKING**

*We offer smoke cessation advice and treatment.* Do you want help to stop smoking? **YES / NO**

**Do you drink alcohol?** **NO      OCCASIONALLY      YES – how many units a week? .....**

**Do you take regular exercise?** **NO      LITTLE      ABOUT 30 MINS 5 TIMES A WEEK      MORE THAN THIS**

**Diet** Please describe your usual diet (e.g. low fat, balanced, diabetic, vegetarian etc).....

**Please make a new patient appointment with one of the nurses.**

**Bring a urine sample with you**

**Well Man Health Promotion**

**Have you had a prostate check (examination or blood test)?** YES / NO

If you have had a previous check and wish to continue please see the practice nurse for a PSA blood test and then the doctor a week later to discuss the results.

We also recommend regular testicular self-examination.

**Drugs & Medicines** *(If you are taking any medicines or have an ongoing condition please make an appointment with the doctor after your nurse appointment)*

Are you taking any drugs, medicines or tablets? **YES NO** If **yes:** (Add last prescription order)

Name of the medicine	Dose	Reason for taking

**Allergies** Are you allergic to any tablets or substances **NO YES** If **Yes,** please give details

Substance you are allergic to	Nature of the reaction (e.g. rash, collapse, swelling etc)

**Vaccinations** We recommend keeping up to date with **polio** (every 10 years) and **tetanus** (a total of five jabs per lifetime with a booster after a 'dirty' wound).

We run an **influenza** vaccination programme every October / November for all patients in high risk groups (asthma, chronic bronchitis, diabetes, chronic heart, kidney and liver disease and those immunocompromised).

If you are in a high-risk group do you wish to be invited for an influenza vaccination? **YES / NO**

**Family History** Please indicate if any relatives have suffered from any of the following conditions

Cancer	NO	YES	Who & details	
Diabetes	NO	YES	Who & details	
Asthma	NO	YES	Who & details	
Heart Disease	NO	YES	Who & details	
Stroke	NO	YES	Who & details	
Other significant disease				

Signature: ..... Date: .....

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**Bring a urine sample with you**